

What is a Meal Packing Event?

Imagine an auditorium filled with people of all ages, happily engaged in the same project. Music is playing, people are chatting, laughing, and enjoying each other's company while they work on a simple goal – filling small bags with nutritious dehydrated meals comprised of rice, soy, vegetables, and 23 essential vitamins and minerals. Because of the nature of the task, there is something for everyone to do! Young* and old, those who can carry large bags of rice and those who work from a seated position – everyone finds something to do!

A gong is sounded as the packers mark every thousand meals with a momentary celebration for the accomplishment. Before you know it, several thousand meals have been assembled, packaged and placed on a truck, ready to be shipped to wherever they are needed.

It's hands on. It's fun. It's satisfying.

It's Meaningful.

There is truly nothing like it!

And we want YOU to be a part of it.

* Children under 10 must be accompanied by an adult.

How do we do this?

It takes the whole community!

Since our first event in 2012, we have packed ½ million meals. Hands at work is only one part of the process; we also must purchase the contents and supplies that go into those meals. That requires year-round efforts between each meal packing event.

Rise Against Hunger, our national partner, is very supportive. They have already locked in our price for meal supplies at the current 40¢ per meal. This way, we know exactly how much we need to raise to pack the 100,000 meals we've set as our goal for this fall — \$40,000!

To support local food relief organizations such as **God's Meal Barrel** and **Ruth's Harvest**, we would like at raise at least an additional \$4,000 or more. Hanover Against Hunger is committed to

fighting hunger both here in Hanover and around the world

That's a big challenge. One that we are committed to meeting.

Through the coming year, we will have several events planned to help reach that fundraising goal.





Feeding the Hungry

- Disaster Relief
- Orphanages
- Schools
- Local Food Relief

Sixth Biennial Packing Event

Saturday, November 1, 2025 3 Packing Sessions, 9 am, 11:30 am, 2 pm

> Fellowship Hall St. Matthew Lutheran Church 30 West Chestnut Street Hanover, PA 17331

www.hanoveragainsthunger.org eMail: info@hanoveragainsthunger.org



A History of Caring



What began in 2012 as a congregational project initiated by a young man at St. Matthew Lutheran Church, has blossomed into a biennial community-wide service event.

2023 marked the sixth

meal packing event. In early November, more than 700 volunteers packed 200,000 meals in less than eight hours during four sessions on what Hanover's mayor proclaimed to be "Rise Against Hunger in Hanover Days."

Greater Hanover area residents from local businesses, service organizations, churches and neighborhoods again joined together to help feed school-age children, loading a cargo container parked outside ready to truck those meals to the Port of New York to be shipped to those in need.

To date, over \$160,000 has been raised and more than a half-million meals have been packed in the six previous events. Our meals have helped to feed children in Haiti, Columbia, Malawi, Liberia, Burundi, Zambia and the Philippines.

Recently, meals from Rise Against Hunger have been sent to Ukraine and to refugee centers in nearby Poland, to aid in feeding the millions of displaced children and families from the war in their home country.



Our international partner is *Rise Against Hunger.*

At Rise Against Hunger, it starts with a meal, and it leads to resilience, self-sufficiency, education, empowerment and bright futures in communities worldwide.

Each day Rise Against Hunger meals are served around the globe in medical clinics, vocational training programs, elder care facilities and schools.

Our local partners are *God's Meal Barrel & Ruth's Harvest.*

Hunger knows no boundaries. We see it everywhere — even in Hanover. That is why Hanover Against Hanover is now committed to supporting local food relief organizations.

A percentage of all donations we receive will go to help with local hunger relief – guaranteed.

Hanover Against Hunger is recognized by IRS as a 501-c-3 non-profit charity. Official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania,1-800-732-0999. Registration does not imply endorsement.

How Can YOU be a part of it?

Hanover Against Hunger is a 501-c-3 charity. The group involves various churches, service clubs, businesses, service organizations and individuals all working together to help eradicate hunger locally and around the world.

There are many ways YOU can help beyond actually packing through your business or organization.

- Volunteer to help plan and organize the event
- Host a fundraising event at your business or organization
- Have a HAH speaker visit your group and talk about the project
- Display HAH posters at your location
- Include HAH information in your publications.

ASK US!

I'LL HELP! Registration – Donation

Please remember online registration and donation is preferred. It is faster, easier, and assures proper crediting to our event. If you are able to use the ONLINE method, please see our website at

hanoveragainsthunger.org/participation

Name:	
City:	
	Zip
eMail:	
С	heck enclosed for \$
	Make checks payable to
I	Hanover Against Hunger.

Please send forms and checks to

Hanover Against Hunger 205 South Forney Avenue Hanover, PA 17331



Join us as we pack meals on

November 1, 2025!

St. Matthew Fellowship Hall 30 West Chestnut Street Hanover, PA 17331

List names and cell numbers for all adults registering to help. Children can be listed by name only; cell numbers not necessary.

Name	Cell
Name	Cell
Name	Cell
Name	Cell
Name	Cell